



Name _____

Date: _____

PATIENT INFO

Name: _____
(LAST) (MI) (FIRST)

Address: _____
(STREET) (CITY) (STATE) (ZIP)

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Email Address: _____

DOB: ____ / ____ / ____ Soc. Sec #: - -

Driver's License #: _____ State: _____

Marital Status: S M W Spouse's Name: _____

Your Employer: _____ Occupation: _____

Employer Address: _____
(STREET) (CITY) (STATE) (ZIP)

Referred By: _____ Primary Care Physician: _____

INSURANCE INFORMATION

Insurance Type: Health Personal Pay Pl/Auto Worker's Comp Medicare

Insurance Name: _____

Member #: _____ Group #: _____

Insurer's Name (If Different from Patient): _____ Relationship to Patient: _____

Insurer's DOB: ____ / ____ / ____ Insurer's Soc. Sec #: - -

Insurer's Employer: _____

Person responsible for account: _____

I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable.

Patient/Guardian Signature

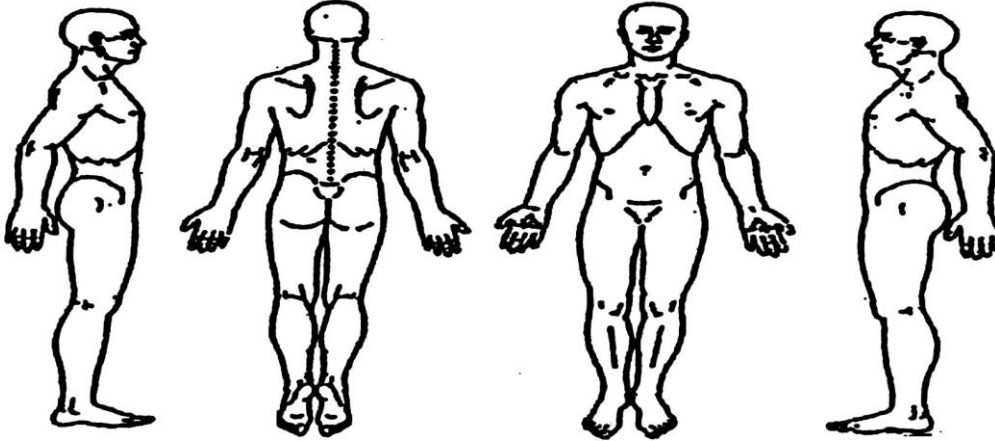
Date:

PATIENT INTAKE FORM

Patient Name: _____ Date: _____

1. Today's problem will be filed as: Insurance/ Self Pay Auto Accident Workman's Compensation

2. Indicate on the drawings below where you have pain/symptoms



Problem List: _____

1. _____

2. _____

3. _____

4. _____

5. _____

3. How often do you experience your symptoms?

- Constantly (76-100% of the time) Occasionally (26-50% of the time)
 Frequently (51-75% of the time) Intermittently (1-25% of the time)

4. How would you describe the type of pain?

- | | |
|-----------------------------------|--|
| <input type="checkbox"/> Sharp | <input type="checkbox"/> Numb |
| <input type="checkbox"/> Dull | <input type="checkbox"/> Tingly |
| <input type="checkbox"/> Diffuse | <input type="checkbox"/> Sharp with motion |
| <input type="checkbox"/> Achy | <input type="checkbox"/> Shooting with motion |
| <input type="checkbox"/> Burning | <input type="checkbox"/> Stabbing with motion |
| <input type="checkbox"/> Shooting | <input type="checkbox"/> Electric like with motion |
| <input type="checkbox"/> Stiff | <input type="checkbox"/> Other: _____ |

Do you have numbness, tingling, or pain in your arms or legs? Yes No

5. How are your symptoms changing with time?

- Getting Worse Staying the Same Getting Better

6. Using a scale from 0-10 (10 being the worst), how would you rate your problem?

0 1 2 3 4 5 6 7 8 9 10 (Please circle)

7. How much has the problem interfered with your work?

- Not at all A little bit Moderately Quite a bit Extremely

8. How much has the problem interfered with your social activities?

- Not at all A little bit Moderately Quite a bit Extremely

9. Who else have you seen for your problem?

- | | | |
|--|---|---|
| <input type="checkbox"/> Chiropractor | <input type="checkbox"/> Neurologist | <input type="checkbox"/> Primary Care Physician |
| <input type="checkbox"/> ER physician | <input type="checkbox"/> Orthopedist | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Massage Therapist | <input type="checkbox"/> Physical Therapist | <input type="checkbox"/> No one |

10. How long have you had this problem? _____

11. How do you think your problem began? _____

12. Do you consider this problem to be severe? Yes Yes, at times No

13. What aggravates your problem? _____

14. What alleviates your problem? _____



Name _____
Date: _____

15. Over the past two weeks, how often have you been bothered by any of the following problems?

	Not at all	Several Days	More than ½ the days	Nearly every day
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed or hopeless	0	1	2	3

16. What is your: Height _____ Weight _____ Date of Birth _____
Occupation _____

17. FEMALES ONLY: When was your last menstrual cycle? _____

18. Have you ever been told you had Diabetes or a problem with blood sugar? Yes No

19. Have you had labs done recently (within last 6 months)? Yes No
If "Yes", when? _____

20. Indicate if you have any immediate family members with any of the following (Please indicate the relationship to you):

- Rheumatoid Arthritis Diabetes Lupus Other _____
- Heart Problems Cancer (see add. Forms) ALS
- List Family Members: _____

21. For each of the conditions listed below, place a check in the "Past" column if you have had the condition in the past. If you presently have a condition listed below, place a check in the "Present" column.

<u>Past</u>	<u>Present</u>					
<input type="checkbox"/>	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disorders	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Neck Pain	<input type="checkbox"/>	<input type="checkbox"/>	Bladder Infection	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Upper Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	Painful Urination	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Mid-Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	Loss of Bladder Control	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Low Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	Abnormal Weight Loss	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Shoulder Pain	<input type="checkbox"/>	<input type="checkbox"/>	Abnormal Weight Gain	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Elbow/Upper Arm	<input type="checkbox"/>	<input type="checkbox"/>	Loss of Appetite	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Wrist Pain	<input type="checkbox"/>	<input type="checkbox"/>	Abdominal Pain	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Hand Pain	<input type="checkbox"/>	<input type="checkbox"/>	Ulcer	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Hip Pain	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Upper Leg Pain	<input type="checkbox"/>	<input type="checkbox"/>	Gall Bladder Disorder	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Knee Pain	<input type="checkbox"/>	<input type="checkbox"/>	Liver	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Ankle/Foot Pain	<input type="checkbox"/>	<input type="checkbox"/>	General Fatigue	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Jaw Pain	<input type="checkbox"/>	<input type="checkbox"/>	Muscular Incoordination	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Joint Pain/Stiffness	<input type="checkbox"/>	<input type="checkbox"/>	Visual Disturbances	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Dizziness	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Rheum. Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Cancer	<input type="checkbox"/>	<input type="checkbox"/>	Excessive Thirst	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Tumor	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Urination	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Smoking/Tobacco Use	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Chronic Sinusitis	<input type="checkbox"/>	<input type="checkbox"/>	Drug/Alcohol Dependence	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Other Breathing Abnormalities	<input type="checkbox"/>	<input type="checkbox"/>	Allergies	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Dermatitis	<input type="checkbox"/>	<input type="checkbox"/>	Depression	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Rash	<input type="checkbox"/>	<input type="checkbox"/>	Systemic Lupus	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Eczema	<input type="checkbox"/>	<input type="checkbox"/>	Epilepsy	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	HIV/AIDS	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	Anemia	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Chest Pains	<input type="checkbox"/>	<input type="checkbox"/>	Vitamin D Deficiency	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	<input type="checkbox"/>	Metabolic syndrome pre-diabetic	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Angina	<input type="checkbox"/>	<input type="checkbox"/>	Bariatric surgery	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Kidney Stones	<input type="checkbox"/>	<input type="checkbox"/>	Sleep Disturbances	<input type="checkbox"/>
					Mood changes	<input type="checkbox"/>

For Males Only

- Prostate
- Low - T**
- ED**

For Females Only

- Birth Control Pills
- Hot flashes**
- Polycystic ovarian disease**
- Infertility**
- Painful periods**
- Hormonal Replacement**
- Pregnancy

Other: _____



Name _____
Date: _____

22. List all prescription medications you are currently taking:

23. List all of the over-the-counter medications you are currently taking:

24. List all Allergies (medications, food, seasonal, etc.) you may have:

25. List all surgical procedures you have had:

26. What activities do you do at work?

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Sit: | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half the day | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> Stand: | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half the day | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> Computer work: | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half the day | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> On the phone: | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half of the day | <input type="checkbox"/> A little of the day |

27. What activities do you do outside of work?

28. How would you rate your overall health?

- Excellent Very Good Good Fair Poor

29. What type of exercise do you do?

- Strenuous Moderate Light None

30. Have you ever been hospitalized?

- Yes No

If "Yes", why? _____

31. Have you used tobacco products in the last 6 months?

- Yes No

32. Are you currently using tobacco products?

- Yes No

If "Yes", How often? _____

33. Do you consume Alcohol?

- Yes No

If Yes, How often? _____

34. Have you had any past injuries or trauma, such as car accidents (ever?), falls, sports injuries, etc.? Yes No

If "Yes", please provide details:

35. Is there anything else you wish to let us know about you visit today?

- Yes No

If "Yes", please provide details:

Patient Signature _____ Date: _____



Name _____
Date: _____

New Patient Questionnaire

Please answer the following questions to the best of your ability. **Do you get pain or discomfort when doing any of the following? If yes, how quickly does pain begin?**

- | | |
|------------------------------|---|
| 1. Sitting | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 2. Standing | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 3. Walking | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 4. Running | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 5. Driving | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 6. Workout/exercise | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 7. Sleeping | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 8. Sitting to Standing | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 9. Lifting overhead | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |
| 10. Lifting from the ground? | Yes <input type="checkbox"/> No <input type="checkbox"/> If yes: _____minutes/hours |

Are there any other activities you are unable to do that you want to do?

Please check if you have experienced any of the following:

- | | | | | |
|-----------------------------------|-----------------------------------|-----------------------------------|---------------------------------|------------------------------------|
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Numbness | <input type="checkbox"/> Tingling | <input type="checkbox"/> Nausea | <input type="checkbox"/> Dizziness |
| <input type="checkbox"/> Shooting | <input type="checkbox"/> Cramping | <input type="checkbox"/> Burning | <input type="checkbox"/> Other | |



Name _____
Date: _____

Insurance Verification Disclosure/Agreement

As a courtesy, Path to Wellness will verify and file my health insurance. However, verification of my insurance benefits **does NOT guarantee payment** for services rendered. As such, in the event of my health insurance non-payment or limitations, I am financially responsible for all charges incurred.

Patient Name (Printed) _____ Date _____

Patient Signature _____

Parent/Guardian Signature _____

Office Manager _____ Date _____



Name _____

Date: _____

Informed Consent

Dear Patient:

Every type of health care is associated with some risk of a potential problem. This includes chiropractic care. We want you to be informed about potential problems associated with chiropractic health care before consenting to treatment. This is called informed consent.

Chiropractic adjustments are the moving of bones with the physician's hands or with the use of a machine. Frequently, adjustments create a "popping" or "clicking" sound/sensation in the areas being treated.

In this office, we use trained assistants who may assist the physician with portions of your consultation, examination, x-ray taking, physical therapy application, traction, massage therapy, exercise instruction, etc. On the occasion when your physician is unavailable, your care may be handled by another physician or trained assistant.

Stroke: Stroke is the most serious problem associated with chiropractic adjustments. Stroke means that a portion of the brain does not receive oxygen from the blood stream. The results can be temporary or permanent dysfunction of the brain, with a very rare complication of death. The chiropractic adjustment that is related to the vertebral artery stroke is called Extension-Rotation-Thrust Atlas Adjustment. We DO NOT use this type of adjustments on our patients. Other type of neck adjustments may also potentially be related to vertebral artery strokes, but no one is certain. The most relevant studies (Journal of the CCA Vol. 37, No. 2, June 1993) estimate that the incidence of this type of stroke is 1 per every 3,000,000 upper neck adjustments. This means that an average chiropractic would have to be in practice for hundreds of years before they would statistically be associated with a single patient stroke.

Disk Herniations: Disk herniations that create pressure on a spinal nerve or the spinal cord are frequently successfully treated by chiropractors and chiropractic adjustment, traction, etc. This includes both in the neck and back. Yet, occasionally, chiropractic treatment (adjustments, traction, etc.) will aggravate the problem and rarely, surgery may cause a disk problem if the disc is in a weakened condition. These problems occur so rarely that there are no available statistics to quantify their probability.

Soft Tissue Injury: Soft tissue primarily refers to muscles and ligaments. Muscles move bones and ligaments limit joint movement. Rarely, a chiropractic adjustment (or treatment) may tear some muscle or ligament fibers. The result is a temporary increase in pain and necessary treatments for resolution, but there are no long term affects for the patient. These problems occur so rarely that there are no available statistics to quantify their probability.

Rib Fractures: The ribs are found only in the thoracic spine or mid-back. They extend from your back to your front chest area. Rarely, a chiropractic adjustment will crack a rib bone and this is referred to as a fracture. This occurs only on patients who have weakened bones from conditions such as osteoporosis. Osteoporosis can be detected on your x-rays. We adjust all patients very carefully, and especially with those who have osteoporosis on their x-rays. These problems occur so rarely that there are no available statistics to quantify their probability.



Name _____

Date: _____

Physical Therapy Burns: Some machines we use generate heat. We also use both heat and ice, and occasionally recommend them for home use. Everyone's skin has different sensitivity to these modalities and rarely, heat or ice can burn or irritate the skin. The result is a temporary increase in skin pain, and there may be some blistering of the skin. These problems occur so rarely that there are no available statistics to quantify their probability.

Soreness: It is common for chiropractic adjustments, traction, massage therapy, exercise, etc., to result in a temporary increase in soreness in the region being treated. This is nearly always a temporary symptom that occurs while your body is undergoing therapeutic change. It is not dangerous, but if it occurs, be sure to inform your physician.

Other Problems: There may be other problems or complications that might arise from chiropractic treatment other than those noted above. These other problems or complications occur so rarely that it is not possible to anticipate and/or explain them all in advance of treatment.

Chiropractic is a system of health care delivery, and therefore, as with any health care delivery system, we cannot promise a cure for any symptom, disease, or condition as a result of treatment in this clinic. We will always provide you with the best care and if results are not acceptable, we will refer you to another health care provider who we feel may assist your condition.

If you have any questions on the above information, please ask your physician. Once you have a full understanding, please sign and date below.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Secondary Number: _____

Patient Name (Printed) _____ Date _____

Patient Signature _____

Parent/Guardian Signature _____

Witnessed By _____ Date _____



Name _____

Date: _____

Manual Therapy Massage Policy

Massage Cancellation Policy

In order to better accommodate our growing number of patients in need of manual massage therapy, we encourage patients with an appointment who need to reschedule or cancel to give us as much advance notice as possible.

Less than a 24-hour notice is considered a no-show..

We have a cancellation fee of **\$35** for no-show massage appointments

Please remember to cancel or reschedule your massage appointment with at least 24 hour notice.

Thank you,

Path to Wellness

I acknowledge that I have read and understand the cancellation policy.

Patient Printed Name

Patient Signature

Date

Witnessed by _____ Date _____



Name _____

Date: _____

Assignment of Benefits

The undersigned patient and/or responsible party, in addition to continuing personal responsibility, and in consideration of treatment rendered or to be rendered, grants and conveys for deferred payment to Path to Wellness Health, PLLC, a lien and assignment against the proceeds of the patient's insurance settlement with all the following rights, power, and authority:

RELEASE OF INFORMATION: You are authorized to release information concerning my condition and treatment to my insurance company, attorney or insurance adjustor for purposes of processing my claim for benefits and payment for services rendered to me.

IRREVOCABLE ASSIGNMENT OF RIGHTS: You are assigned the exclusive, irrevocable right to any cause of action that exists in my favor against any insurance company for the terms of the policy, including the exclusive, irrevocable right to receive payment for such services, make demand in my name for payment, and prosecute and receive penalties, interest, court loss, or other legally compensable amounts owned by an insurance company in accordance with Article 21.55 of the Texas Insurance Code to cooperate, provide information as needed, and appear as needed, wherever to assist in the prosecution of such claims for benefits upon request.

DEMAND FOR PAYMENT: To any insurance company providing benefits of any kind to me/us for treatment rendered by the physician/facility named above within 5 days following your receipt of such bill for services to the extent of such bills are payable under the terms of the policy. This demand specifically conforms to Sec. 542.057 of the Texas Insurance Code, and Article 21.55 of the Texas Insurance Code, providing for attorney fees, 18% penalty, court cost, and interest from judgment, upon violation. I further instruct the provider to make all checks payable to Path to Wellness Health, PLLC, and to 525 Bailey Ave., Ft. Worth, TX 76107.

THIRD PARTY LIABILITY: If my injuries are the result of negligence from a third party, then I instruct the liability carrier to issue a separate draft to pay in full all services rendered, payable directly to Path to Wellness Health, PLLC, and to send any and all checks to 525 Bailey Ave., Ft. Worth, TX 76107.

STATUTE OF LIMITATIONS: I waive my rights to claim any statute of limitations regarding claims for services rendered or to be rendered by the physician/facility named above, in addition to reasonable cost of collection, including attorney fees and court cost incurred.

LIMITED POWER OF ATTORNEY: I hereby grant to the physician/facility named above power to endorse my name upon any checks, drafts, or other negotiable instrument representing payment from any insurance company representing payment for treatment and healthcare rendered by the physician/facility named above. I agree that any insurance payment representing an amount in excess of the charges for treatment rendered will be credited to my/our account or forwarded to my/our address upon request in writing to the physician/facility named above.

REJECTION IN WRITING: I hereby authorize the physician/clinic named above to establish a PIP or UM/UIM claim on my behalf. I also instruct my insurance carrier to provide upon request to the provider/clinic named above, any rejections in writing as they apply to my lack of PIP or UM/UIM coverage. I allege that electronic signatures are not adequate proof of rejection, and are invalid to establish rejection, and instruct my carrier to provide only copies of my original signature regarding rejection as evidence of rejection of PIP or UM/UIM.

TERMINATION OF CARE: I hereby acknowledge and understand that if I do not keep appointments as recommended to me by my caring doctor at this clinic, he/she has full and complete right to terminate responsibility for my care and relinquish any disability granted me within a reasonable period of time. If during the course of my care, my insurance company requires me to take an examination from any other doctor; I will notify this physician/facility immediately. I understand the failure to do so may jeopardize my case.

By my signature be it known that I have read and fully understand the above contract.

Patient Name (Printed) _____ Date _____

Patient Signature _____

Parent/Guardian Signature _____

Office Manager _____ Date _____



Name _____

Date: _____

HIPAA Disclosure

Standard Authorization of Use and Disclosure of Protected Health Information Information to Be Used or Disclosed

The information covered by this authorization includes:

- All Patient Medical Records
- **Persons Authorized to Use or Disclose Information**
 - Information listed above will be used or disclosed by:
 - PATH TO WELLNESS HEALTH, PLLC
- **Personal Representative**
 - Name: _____ Relationship: _____
 - Name: _____ Relationship: _____
 - I hereby authorize the request and release of Protected Health Information (PHI) held by Path to Wellness Health, PLLC. To the above personal representative. By appointing the person named on this form as a personal representative, I understand that I am authorizing Path to Wellness Health, PLLC. To give this person access to PHI, the right to talk to Path to Wellness Health, PLLC. about my care, and the right to make decisions that will bind me.
- **Expiration Date of Authorization**
 - This authorization is effective through (12/31/2020) unless revoked or terminated by the patient or patient's personal representative.
- **Right to Terminate or Revoke Authorization**
 - You may revoke or terminate this authorization by submitting a written revocation to this office and contact the Privacy Officer.

I understand this office will not condition my treatment or payment on whether I provide authorization for the requested use or disclosure.

I have read the above and hereby authorize Office Manager to use my protected information for the listed reasons.

Patient Name (Printed) _____ Date _____

Patient Signature _____

Parent/Guardian Signature _____

Office Manager _____ Date _____



Name _____

Date: _____

Release of Medical Records

I, _____, hereby authorize the release of my medical records

From:

To:

Mail to:

Fax to:

Print Name

Signature

Social Security Number

Date of Birth

Date



Name _____

Date: _____

Informed Consent for Dry Needling of Trigger Points

Patient's Name: _____ Date: _____

Your chiropractor has recommended that you receive Dry Needling technique for the evaluation and or treatment of myofascial trigger points and tender points within your muscles, tendons or ligaments. Recent evidence has shown that trigger points are localized areas of hyperactive muscle or tissue that have numerous inflammatory and pain producing chemicals causing local tightness of the muscle. The tightness of the muscle is often accompanied by pain and dysfunction of the muscle, consequently irritating local nerve endings as well as decreasing normal movement of the nearby joints enough to limits normal functional activities.

Dry needling to trigger points has been shown to decrease or completely reduce the irritation and to reduce or completely eliminate the irritating chemicals in an active trigger point. This release can immediately improve range of motion, decrease pain and improve function. Patients often feel a significant improvement of their symptoms immediately after the treatment. Trigger point dry needling facilitates a hastened return to strengthening and exercises that result in a faster return to function. The dry needling procedure involves placing a very thin, single use disposable sterile solid filament needle (not hollow) with sterile technique into a trigger point. The number of needles used during any individual visit and the number of visits you are given this treatment depends on many factors that differ from patient to patient. THIS IS NOT ACUPUNCTURE; THIS IS A DIFFERENT FORM FROM TRADITIONAL ACUPUNCTURE. Be assured that this procedure is very safe. Most patients do not feel the needle when it is placed and other than a focal muscle twitch or feeling of a subtle muscle cramp around the needle tip, there is little to no pain with this procedure. Because the needle being used is very thin, there is usually little to no bleeding with this procedure. Occasionally, however, complications may arise. Any procedure intended to help may have complications or side effects. While the chances of experiencing complications are unlikely, it is the practice of this clinic to inform our patients about them. Most of these complications are very minor and self- limiting and resolve rapidly.

Minor complications include:

- **Focal bruising at the needle insertion site.**
- **Minor soreness in the immediate area afterward.**
- **A small amount of bleeding at the needle insertion site that stops on its own within a few minutes.**

These minor complications generally resolve within a day or two after the treatment. More serious complications, while very rare, are possible and include:

- **Fainting**
- **Persistent bleeding at the needle insertion site.**
- **Infection.**
- **Puncture of the lung (only if the needle is being used near lung tissue)**



Name _____

Date: _____

Informed Consent for Dry Needling of Trigger Points (cont'd)

The possibility of complications may be increased if you have certain pre-existing problems. It is very important that you discuss any problems with your provider that you have had, currently have, or might have had, specifically:

- I have a fear of needles, have fainted, or fear I will faint when needles have been used for my diagnosis or care in the past.
- I have a bleeding disorder that causes my blood to clot slowly or not at all. Please specify:

- I have a history of a blood disorder that can be transmitted to another person. Please specify:

- I take blood thinners (anti-coagulation) medication. Please specify:

- I have taken pain relievers (e.g. aspirin, Tylenol, Ibuprofen, etc.) in the past 48 hours. Please specify:

I have read this Patient Information and Consent carefully; I understand this procedure is not acupuncture and I have had an opportunity to ask questions and obtain any desired clarification. I also understand that there is no guarantee or warranty for a specific cure or result. I understand the above statements regarding examination and treatment side effects. I give my permission and consent to the procedure or treatment. I understand that I can stop this procedure at any time. Patient

Signature: _____ Date: _____

If patient is less than 18 years of age a parent or legal guardian must sign.

Name of Parent/Legal Guardian (Please print): _____

Signature: _____ Date: _____



Name _____

Date: _____

Consent to X-Ray

I hereby acknowledge that the providers and/or their staff at Path to Wellness has informed me of the advisability of, risk inherent in, and the probable consequences of not receiving x-rays. They have also explained to me the reasons and need for such x-rays. I do hereby authorize the providers, licensed physicians or an Associate Doctor, to perform all such x-rays as they deem pertinent to the diagnosis and management of my case.

Dated this _____ day of _____, 20__

Patient Signature

Witness

Pregnancy Waiver

To be completed by all females of childbearing age

I hereby acknowledge that the providers and/or their staff at Path to Wellness have informed me prior to being x-rayed of the advisability of risk and the probable consequences of receiving x-rays during pregnancy. I have stated of my own volition that I am not pregnant nor am I attempting to get pregnant as of this date and do hereby release and hold harmless from any legal action or responsibility caused by the use of this procedure.

Dated this _____ day of _____, 20__

Printed name of Patient

Signature of Patient or Authorized Representative

Witness



Name _____

Date: _____

Patient Communication Consent Form

I agree to allow Path to Wellness to contact me in the following methods regarding my private health information, lab results, evaluation, and treatment. I authorize Path to Wellness to leave messages for me when I am unavailable.

METHOD	NUMBER/ADDRESS	MESSAGE (Yes or No)	
_____ Home Phone	_____	Yes	No
_____ Cell Phone	_____	Yes	No
_____ Work Phone	_____	Yes	No
_____ Email	_____	Yes	No

By my signature below I acknowledge that a copy of the Notice of Privacy Policies for Path to Wellness has been made available to me and I understand the Information provided on this consent form. I understand the risk associated with the different methods of communication (especially e-mail), and consent to the conditions, restrictions, and patient responsibilities outlined within the guideline.

Patient Name

Date

Patient / Authorized Signature

Date



Name _____

Date: _____

FINANCIAL POLICY

Please initial next to each section indicating your acknowledgement:

_____ All current balances, co-payments, co-insurance and deductibles are **due and payable PRIOR to services** being rendered and is required by your insurance to be paid at each visit. We accept cash, check, VISA, MasterCard, Discover, and American Express. We do not accept post-dated checks.

_____ **REFERRALS:** If you have a managed care plan, an HMO, or similar plan that requires a referral, you will need a referral from your primary care physician to see our providers. If your insurance requires a referral that is generated through them, you must reach out to your primary care office for them to call your insurance. It is not our policy to generate a referral for ourselves. **If we have not received this referral prior to your arrival at our office, your appointment will either be rescheduled or you may be responsible for the entire bill. It is your responsibility to know if a referral is required and to obtain one.**

_____ **INSURANCE BENEFITS:** Please be aware that when a patient requires a visit to a health care provider, there are diagnostic tests or procedures that may be suggested for appropriate care that may be done by one of our providers. These procedures may be done during the normal course of the exam by specialized personnel. Although necessary as part of routine evaluations, insurance companies often categorize these as procedures. The possible procedures which often are performed in this practice during your visit include, **but are not limited to:**

Trigger Point Injections
Allergy Testing
EKG Evaluations
PRP/Amnio therapies

B-12 Injections
IV Therapies
Joint Injections
Physical Rehabilitation/PT

Depending on your insurance policy provisions, these procedures and others may fall under a separate benefit other than your office co-pay, such as a deductible or coinsurance. In most cases, exact insurance benefits cannot be determined until the insurance company receives the claim. Therefore, any estimate for services will be considered an estimate only and any payment will be considered a partial-payment only until such time that the insurance company processes your claim. Your insurance is a contract between you and your insurance carrier; payment for services is ultimately your responsibility. It is extremely important for you to know your coverage. Many of the diagnostic and therapeutic procedures performed in our office (such as those listed above and others) are considered additional costs by your insurance company. Your health care providers are not aware of what additional costs may be incurred and will not review that with you. As health care providers, our physicians may recommend a diagnostic or therapeutic procedure available only to specialist physicians in order to provide you with the best possible treatment. If you have concerns regarding the cost of any procedure, you may ask your doctor if you can discuss the cost with our business staff **BEFORE** the procedure is performed to decide if you would like to have it done.

_____ **WAIVER OF CONFIDENTIALITY:** You understand if this account is submitted to an attorney or collection agency, if we have to litigate in court, or if your past due status is reported to a credit reporting agency, the fact that you received treatment and the type of treatment received at our office may become a matter of public record or disclosed to third parties.

_____ **DIVORCE:** In case of divorce or separation, the party responsible for the account prior to the divorce or separation remains responsible for the account. After a divorce or separation, the parent authorizing treatment for a child will be the parent responsible to us for those subsequent charges.



Name _____

Date: _____

_____ **TRANSFERRING OF RECORDS:** You will need to request in writing, and pay a reasonable copying fee (currently \$25 for the first 40 pages and \$0.10 a page there after) PRIOR to sending copies of your records to another doctor or organization. You authorize us to include all relevant information, including your payment history and hereby indemnify and hold us harmless for any claims or damages resulting from our providing records pursuant to your request. If you request records to be transferred from another doctor or organization to us, you authorize us to receive all relevant information, including your payment history.

_____ **PERSONAL INJURY:** If you are being treated as part of a personal injury lawsuit or claim, we require verification from your attorney prior to your initial visit. Payment of the bill remains the patient's responsibility.

_____ **LIABILITY:** If you are being treated for a 3rd party liability claim and do not have an attorney, we will require that you allow us to bill your health insurance or file on your Personal Injury Protection. Upon settlement of your claim, YOU WILL BE RESPONSIBLE FOR ANY BALANCE OWED ON YOUR ACCOUNT REGARDLESS OF THE AMOUNT OF SETTLEMENT YOU RECEIVE FROM THE INSURANCE COMPANY. Please understand upon settlement of your claim, the 3rd party carrier will NOT PAY US DIRECTLY; however, you remain fully responsible for payment of your account. If you do not have health insurance or PIP, we must have a letter of protection on file from an attorney. Otherwise, you will be responsible for payment in full at the time services are rendered. We have the right, at our sole discretion, to refuse to accept a letter of protection for payment of your services.

_____ **FORMS FEE:** Please allow 5-7 business days to complete all forms that require a physician signature and medical review (i.e., Worker's Comp, FMLA, Short-term disability (STD), other extended leave of absence, etc.) The physician must take the time to fill out the forms and as such may charge for each record requested, a \$30.00 Forms Fee. Each time a correction needs to be made to a form, another Forms Fee will be charged to the account. There is no exception to this rule. Additional medical records request will also have a \$40.00 assigned fee.

_____ **NO SHOW/CANCELLATION COURTESY:** We are committed to making you an appointment at your earliest convenience; likewise, we require a call at least 24 hours in advance if you are unable to keep your appointment to allow for other patients to be seen. If you "no show" for an appointment or cancel with less than 24 hours' notice, you will be charged a \$35.00 fee. Multiple missed appointments may result in our request for you to find another provider.

_____ **RETURNED CHECK FEE:** There is a \$35.00 fee for checks returned for any reason and will be added to your original balance. In addition, we may seek all additional legal remedies provided to us under Texas law.

_____ **PATIENT BALANCE POLICY:** After filing with the insurance company, we will promptly mail you a patient statement. Payment in full is due upon receipt of this statement and is a courtesy from our office. If you have any questions or dispute the balance, it is your responsibility to contact our billing office within 30 days. Accounts past 90 days will be considered past due and may be referred to outside resources for further management. If you are unable to pay the balance due in full, you must contact our billing office to discuss a payment schedule or arrangements. Any late fees incurred on past due balances will be included in any mutually agreed upon arrangements.

_____ **BANKRUPTCY:** If we attempt to collect a debt and you have filed for bankruptcy, and we are listed as a creditor, please advise us of this and we will cease collection activity immediately.

Patient Name: _____ Date: _____

Parent/Guardian Name: _____

Patient Signature: _____ (Parent/Guardian if minor)